International 2 day masterclass on TMJ & craniofacial pain fundamentals

featuring Dr. Brendan Stack (USA)
plus other key TMJ speakers

25th & 26th September 2015
Cavendish Conference Centre
22 Duchess Mews
London | W1G 9DT

the-olab.com
keynote speakers

Dr. Brendan Stack
“TMJ dysfunction causing chronic pain and movement disorders”
Dr. Stack is a world renowned orthodontist, lecturer and author, who has been treating TMJ/TMD and craniofacial pain patients for over 40 years. Throughout his professional career he has treated hundreds of patients with TMJ problems and identified this to be the underlying cause of severe malocclusions and movement disorders. Dr. Stack lectures extensively in the United States and Canada. We are thrilled that he will be joining us in London to present his findings.

Dr. Jeffrey Brown
“The importance of checking the obvious”.
Dr. Jeffrey Brown is a master dentist and TMJ specialist. His knowledge in the combined fields of TMJ, sleep, and orthodontics have given him a perspective unlike most other practitioners who perform basic dentistry. Dr. Brown has trained extensively on how to look at faces, airways, arch shape, frenums and MRI’s and approaches treatment with a “whole body” analysis. Dr. Brown works in conjunction with Dr. Stack helping people to treat their debilitating TMJ issues.

welcome

On behalf of the O lab, I am pleased to introduce you to the 2 day masterclass on TMJ and Craniofacial pain fundamentals. This is a fantastic opportunity to hear from the leading experts in this field, all in one location.

Over the 2 days you will experience a unique insight into multidisciplinary research, protocol and treatment and an encompassing knowledge of how our specialist speakers work in diagnosing and treating patients with greater success. Dr. Brendan Stack will be our keynote speaker. As the founder of the American Academy of Craniofacial Pain, Dr. Stack’s work has been instrumental in the development of TMD treatment.

The conference will be a great opportunity to hear and be inspired by his work. Our O lab team look forward to meeting you at the conference and are confident it will be an insightful, thought-provoking, and enjoyable 2 days.

Stephen Fowley, CEO of the O lab
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<td>Friday 25th Sept</td>
<td>8.30 - 8.35</td>
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<td><strong>TMJ diagnostics 'Craniofacial pain'</strong>&lt;br&gt;Dr. Brendan Stack (USA)</td>
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<td>8.35 - 10.00</td>
<td>The importance of checking the obvious&lt;br&gt;Dr. Brendan Stack &amp; Dr. Jeffrey Brown (USA)</td>
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<td><strong>TMJ occlusion 'Stabilometry and strength'</strong>&lt;br&gt;Dr. Alberto Baldini (Italy)</td>
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<td><strong>TMJ stroke and intracranial pressure 'The vertebral venus plexus'</strong>&lt;br&gt;Dr. Jon Howat (UK)</td>
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<td>2.45-3.15</td>
<td><strong>TMD classification</strong>&lt;br&gt;Dr. Gert Petrus Visser (UK &amp; RSA)</td>
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<td><strong>TMJ fascial paths</strong>&lt;br&gt;Mr Ron Phelan (Australia)</td>
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<td>4.15-5.00</td>
<td><strong>The importance of biochemistry in TMD</strong>&lt;br&gt;Dr. Harald Stossier (Austria)</td>
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<td><strong>TMJ voice 'On a high note'</strong>&lt;br&gt;Mr Alex Evans &amp; Miss Emily Davies (Professional Singers)</td>
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<td>Saturday 26th Sept</td>
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<td><strong>Diagnosis &amp; TMJ movement disorders</strong>&lt;br&gt;Dr. Brendan Stack &amp; Dr. Jeffrey Brown (USA)</td>
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<td><strong>TMJ dynamics 'MyoDynamics'</strong>&lt;br&gt;Ms. Eva Tanner (UK)</td>
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<td><strong>TMJ sleep disordered breathing, snoring and apnoea</strong>&lt;br&gt;Dr. Miikka Paltomaa (Finland)</td>
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<td><strong>Going beyond the nothing</strong>&lt;br&gt;Ms. Paula Esson &amp; Mr. Matt Hudson (UK)</td>
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<td><strong>The treatment of TMD</strong>&lt;br&gt;Dr. Andre Hedger (UK)</td>
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meet the speakers

Dr. Alberto Baldini:  
TMJ occlusion- “Stabilometry and strength”

Dr. Alberto Baldini obtained his degree in 1989 at the University of Milano. He achieved a first PhD at the University of Milano-Bicocca. He is currently attending to his second PhD at the University of Rome Tor Vergata. Dr. Baldini is an expert in orthodontics and gnathology and a highly respected author of articles of international journals.

Dr. Jon Howat:  
TMJ stroke and intracranial pressure- “The vertebral venus plexus”

Dr. Jon Howat graduated from Palmer College of Chiropractic, Davenport, Iowa USA in 1970 and practised in Rhodesia/Zimbabwe for 17 years. He founded SOTO Europe in 1986 and was its first president. Dr. Howat is both a Diplomate of Craniotherapy and a Fellow of the International Craniotherapeutic Society. He has taught SOTO/Cranial and Cranio Fascial Dynamics internationally since 1985 with programmes in the USA, South America, Australia, South Africa, Scandinavia and Europe and is the author of “Chiropractic – Anatomy and Physiology of Sacro Occipital Technique” and “Chiropractic – Cranio Fascial Dynamics”. He also works in private practice in Oxford.

Dr. Gert Petrus Visser:  
“TMD classification”

Dr. GP Visser qualified as a dentist in Stellenbosch, South Africa in 1992 and moved to Poole in Dorset where he set up his own private practice in 2003. He is also co-founder of “The O lab” & consults at further O lab locations in Oxford and Harley Street. Dr. Visser’s major clinical and research interests include: diagnosis and management of temporomandibular disorders, orofacial pain and head/neck pain from a full body perspective & interaction of the dental occlusion in musculoskeletal dysfunction. As well as TMD, Dr. Visser also works with conditions in the fields of sports dentistry, orthodontics, oromoyofacial dysfunction and serves as a consultant on sleep disorder in the area of bruxism and sleep apnoea.

Ron Phelan:  
“TMJ fascial paths”

Structural Integration therapist and international trainer, Mr. Ron Phelan has been involved in the health industry in Australia for 25 years. Inspired by the work of Dr. Stack in 2004, he has presented TMJ presentations at conferences around the world. In 2011 Ron developed and introduced workshops for therapists specifically related to TMD. These have now been taught in seven countries. He currently works in the UK with Dr. Gert Petrus Visser (Dorset) in treating and developing new approaches to TMD.
Eva Tanner: TMJ dynamics “MyoDynamics”

The founder of MyoDynamics Miss Eva Tanner originates from a dental background, and over the last 24 years has studied the ‘form and function’ of faces while working closely with many professionals in this area. These include Orthodontists, Oral surgeons, cranial chiropractors, Bowen Integrated Therapy practitioners, respiratory specialists, nutritionists, cell biologists, immunologists and neurologists.

Eva qualified as a dental hygienist and dental therapist from the St Bartholomew's and the Royal London School of Medicine and Dentistry in 1997. Since qualifying, Miss Tanner has worked in a private practice where she sees care of her clients from a direction of Prevention, Education and Minimal intervention (PEMi) and has been involved in Biodynamic Occlusion principles.

Dr. Derek Mahony: “TMJ orthodontics - canine dynamics”

Dr. Derek Mahony is a world renowned Specialist Orthodontist who has spoken to thousands of practitioners about the benefits of interceptive orthodontic treatment. Early in his career Dr. Mahony learned from leading clinicians the dramatic effect functional appliance therapy can afford patients in orthodontic treatment. He has been combining the fixed and functional appliance approach ever since. His lectures are based on the positive impact such a combined treatment approach has had on his orthodontic results and the benefits this philosophy provides from a practice management viewpoint.

Dr. Miikka Paltomaa: “TMJ sleep disordered breathing, snoring and apnoea”

Dr. Miikka Peltomaa is an adjunct professor in Otolaryngology, Head and Neck Surgery at the University of Helsinki. His special interests in Otolaryngology and Medicine include pediatric problems, voice problems, sleep apnoea, hearing disorders, medical ethics and Lyme borreliosis.

He is the founder of the Musicians’ Medicine Association in Finland and the multidisciplinary Musicians’ Clinic at the Helsinki Music Hall. Dr. Peltomaa is a frequent lecturer in general Musicians’ Medicine issues and the problems of professional voice.

Dr. Andre Hedger: “The treatment of TMD”

Dr. Andrè Hedger qualified from Guy’s Hospital in 1978. He holds a Bachelor in Dental & Licenciate in Dental Surgery Degree’s. He started his private practice in 1981. He runs The British Society for the study of Cranio-Mandibular Disorders. He lectures both in the U.K and abroad on TMD, Orthodontics, Hypnosis, Nutrition & Rock & Ice Climbing.
Paula Esson: “Going beyond the nothing”

Paula became motivated to understand the role of TMD in pain management and performance during her time with England Basketball in the 1990’s. She was intrigued by loss of performance and increased fatigue in players with orthodontic intervention. Qualifying as a Bowen practitioner and teacher allowed these presentations to be addressed with a biopsychosocial model. Now Paula is the director of 5 health centres in the North East specialising in NHS pain management and collaborative models of delivery. They endeavour to research and understand the link between TMD presentations and chronic pain, to assist the industry in embracing the patient’s whole experience with their condition.

Matt Hudson: “Going beyond the nothing”

Matt Hudson is a highly respected author on the subject of self sabotage and the inner workings of the mind. Over the past two decades, Matt has delivered talks, presentations and workshops around the UK and internationally. His approach is light hearted, engaging and educational.

Dr. Harald Stossier: “The importance of biochemistry”

Dr. Harald Stossier has a highly respected international reputation for his work as a practitioner and innovator of Mayr Medicine. After studying under the legendary Dr. Rauch, a graduate of F.X. Mayr, he set up in 2004 as Medical Director of the acclaimed Viva – Centre for Modern Mayr Medicine. Dr. Stossier has been fundamental in the integration of complementary medicine within the medical profession. Since 1988 he has been a consultant for complementary medicine at the Medical Chamber of Carinthia and the Austrian Medical Association. He lectures widely and has published many articles and books on Mayr Medicine and nutrition.
Suggested Hotels:

**Holiday Inn Oxford Circus 4***
57-59 Welbeck Street,
London, W1G 9BL

**Holiday Inn Regent’s Park 4***
Carburton Street,
London, W1W 5EE

**Marylebone Hotel 4***
47 Welbeck Street,
London, W1G 8DN

**Nottingham Palace Hotel 4***
37 Nottingham Place,
London, W1U 5LT

**Astor Court Hotel 3***
20 Hallam Street,
London, W1W 6JQ

For registration & payment details:

please go to the-olab.com
Enquiries:
bookings@the-olab.com
Tel: +44 1202 605 165

venue:

Cavendish Conference Centre,
22 Duchess Mews,
London, W1G 9DT

Conference cancellation & refund policy:

All conference registrations are subject to the following cancellation and refund policy:

**Cancellation:** The O Lab reserves the right to cancel, shorten, delay, or otherwise alter or change the conference at their discretion. If the entire conference is cancelled the sole obligation of The O Lab is to refund fees paid to The O Lab for the conference. If the conference is delayed, shortened or otherwise altered or changed, The O Lab shall make registration refunds on a case-by-case basis at the sole and absolute discretion of The O Lab and is under no obligation to refund conference registration fees. Fees will only be refunded to the person who paid fees, by the same method as the original payment (i.e. credit card, cheque, etc.) and in the case of a credit card, only to the same credit card used to pay fees. The O Lab is not liable for direct, indirect, incidental, consequential, exemplary, punitive, or damages of any other kind, regardless of the nature of the cause of action that may be asserted. The O Lab is not responsible and shall not pay for costs associated with travel, airfare, lodging, food, transportation or other costs or losses incurred by a registrant in connection with the meeting, or as a result of the meeting being cancelled, shortened, delayed, or otherwise altered or changed. Registrants are solely responsible for such costs and losses and it is recommended that registrants consider purchasing sufficient insurance to cover such costs and losses. Under no circumstances shall The O Lab liability to any registrant exceed the registration fees paid by the registrant to The O Lab in connection with the meeting.

**Refunds:** Requests for refunds must be made in writing by the deadline date, which is 8 weeks prior to the start of the conference; telephone cancellations will NOT be accepted. Refunds or credits will not be given for failure to attend, late arrival, unattended events or early departure. Refunds will be processed as soon as possible, but no later than 8 weeks after the conference. If you submit a written cancellation request prior to the deadline, a refund will be issued less a £100 cancellation fee.

**the following deadline dates apply:**

**On or before 31st July 2015**
Refund less £100

**After 31st July 2015**
No refund
Everything we do is designed to enhance lives. Through our expertise in health & technology we aspire to help people enjoy better well-being & better performance.

We are the O lab.

**training & education**

Lie at the heart of our philosophy. At the O lab we’ve developed a training & education support programme for different levels of experience of TMJ care & therapy.

We regularly run our courses & events across the UK. Please visit the-olab.com for the latest news or contact us on email or phone to find out more.

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